

10/2/15 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

2015 ROCKY MOUNTAIN REGION CFC CAMPAIGN

Barbara Barfield | CFC Administrator | 719 531 5501 | BarbaraBarfield@comcast.net

The 2015 Rocky Mountain region CFC campaign is now underway! “Be A Change Maker” is this year’s theme because with over 20,000+ charity choices, every federal employee can find the cause that aligns with their values. Be it humanitarian, medical, environmental, social justice, animal welfare or community related, there is a host of opportunity to impact change. It doesn’t take a lot from any one individual. It’s when everyone gives a little, and it is all added up, that collectively, every Federal employee becomes a HUGE “change maker.” As Margaret Mead once said, “Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.” Consider giving TODAY. The Rocky Mountain CFC website provides general campaign information, a charity search engine, online giving platforms, campaign team support and other resources.

Campaign News: The Rocky Mountain Region has officially merged with the Pikes Peak Region and now serves 37 counties comprised of 79,000 Federal employees and Military personnel throughout the Colorado Front Range.

###

OPM

PRESIDENT'S MANAGEMENT COUNCIL'S INTERAGENCY ROTATION PROGRAM

Letter from OPM Associate Director Mark Reinhold requesting continued support for the President’s Management Council’s Interagency Rotation Program – 2016.

<https://www.chcoc.gov/content/president%E2%80%99s-management-council-interagency-rotation-program>

PRESIDENTIAL MANAGEMENT FELLOWS PROGRAM

Seeking talented graduate and law students to apply for its' public service programs.

Applications accepted through 10/13/15.

<https://www.usajobs.gov/Search?Keyword=PMF&Location=&search=Search&AutoCompleteSelected=False>

2016 FEHBP RATES

<https://www.opm.gov/healthcare-insurance/healthcare/plan-information/premiums/>

NEW SELF PLUS ONE OPTION | www.opm.gov/selfplusone

GUIDE TO UPCOMING OPEN SEASON | <https://www.opm.gov/healthcare-insurance/open-season>

###

2015 OPEN SEASON - HEALTH

November 9, 2015 - December 14, 2015

Jane Fluekiger | 303 831 2512 | jane.fluekiger@anthem.com

<https://colorado.feb.gov/wp-content/uploads/2015/10/15agencychedule-3.pdf>

###

Ann Vanderslice Named One of the Top 5 Financial Advisors in the Country

<http://www.lifehealthpro.com/2015/07/31/meet-advisor-of-the-year-finalist-ann-vanderslice>

Retirement Advisor Magazine named Ann Vanderslice as one of the top five financial advisors in the country! In 2009, after reviewing proposals from numerous financial planning companies, the CFEB selected Ann as the exclusive trainer for our retirement planning classes. Since that time, we continually receive kudos for Ann's professionalism and knowledge of federal benefits and this award confirms we made the right choice. Please join the CFEB in congratulating Ann on this prestigious achievement (ann@annvanderslice.com)!

OCTOBER CALENDAR

HR/SUPERVISOR TRAINING

Classes are 8:30 am - 3:00 pm | DFC Bldg 25

10/6/15 | Preventing Hostile Work Environment Claims | \$80

Online registration & Payment required | <https://colorado.feb.gov/register/?ee=282>

11/17/15 | Basics of Performance Management | \$80

Online registration & Payment required | <https://colorado.feb.gov/register/?ee=283>

TRAINER | Bart Dubinsky

Bart is a former Human Resources and Agency Workforce Relations Officer (with the Nuclear Regulatory Commission, HHS and Interior). Bart's 30 years of Federal sector HR experience includes all of the HR functional areas, (e.g., workforce and succession planning, position classification, diversity and outreach, staffing and recruitment, training and development, employee and labor relations, ethics, performance management, and benefits). Bart has a Bachelor's degree in Business from the University of Missouri and J.D. from Texas Wesleyan University School of Law. Bart is also a state certified Mediator.

###

BLM - COLORADO HISPANIC HERITAGE MONTH EVENT

October 6, 2015 | 11:30 am | 2850 Youngfield, 4th Floor Conference Room, Lakewood, CO | Free

Mr. Rudolph Gonzales, Executive Director of Servicios de La Raza and son of political activist Rudolfo "Corky" Gonzales will give an in-depth presentation on the "Chicano Movement" which was a very important part of Colorado's history.

Rosene Vigil | 303 239 3661 | rvigil@blm.gov

###

BUREAU OF RECLAMATION'S DIVERSITY SPEAKER EVENTS

October 14, 2015 | PBS Documentary *"La Raza De Colorado: El Movimiento"*
Denver Federal Center | Bldg. 67 Rio Grande Conference Room

This film examines the Colorado Chicana Movement during the turbulent 1960s and 1970s. Riveting first-hand accounts speak to the significant social issues of our time: identity, racial conflict, civil rights and cultural pride. Rare film footage, archival photographs, extensive interviews and period music bring the era to life.

Antoinette Urioste | 303 445 2689 | aurioste@usbr.gov

###

PUEBLO CHEMICAL DEPOT BONFILS BLOOD DRIVE

October 15, 2015 | 12:00 - 4:00 pm | Pueblo Chemical Depot | Bonfils Bus next to Building 6
TO SCHEDULE AN APPOINTMENT | Kathryn Cain | 719 549 4060 | kathryn.r.cain.civ@mail.mil

###

FEDERAL EXECUTIVE ORDER 13693 PLANNING FOR FEDERAL SUSTAINABILITY IN THE NEXT DECADE MEETING

October 21, 2015 | 9:30 - 11:00 am | DFC Bldg 41 | Lakewood CO
RSVP COB 10/19/15 to Melanie Wood | 303 312 6007 | wood.melaniel@epa.gov or Lisa Haskins | 303 236 2414 | lisa.haskins@gsa.gov

Executive Order 13693, Planning for Federal Sustainability in the Next Decade was announced in March 2015 (<http://www.fedcenter.gov/programs/eo13693>). The EO calls on federal agencies' regional offices to coordinate implementing the goals of the EO. The regional offices of GSA and EPA are tasked to convene regional interagency workgroups. Ms. Sue Damour, the

Regional Administrator for GSA and Mr. Rick Buhl, the Assistant Regional Administrator for EPA will chair the October meeting.

All federal agency executives, with one or twenty vehicles in the agency fleet are invited. The topic is sustainable operations of federal fleet vehicles. Learn how federal agencies are planning to meet the targets of the EO. In addition to fleet vehicles the EO identifies; water resource management and drought response opportunities; climate change preparedness and resilience planning in coordination with state, local and tribal communities; and opportunities for collective procurement of clean energy to satisfy energy demand for multiple agency building.

###

CFEB QUARTERLY MEETING & TRAINING FORUM

October 22, 2015 | 7:30 – 11:00 am | Lakewood CO | Registration Deadline 10/16/15
\$28 (includes breakfast) | ONLINE REGISTRATION REQUIRED
<https://colorado.feb.gov/register/?ee=257>

STRATEGIC COMMUNICATIONS (aka W.A.I.T. – Why Am I Talking)

- ♦ Why are you talking?
- ♦ Do you know?
- ♦ Do you know what you should or should not be saying?
- ♦ Are you saying it the right way, to the right audience through the right medium?
- ♦ Is your messaging adapting as the situation develops and changes?

W.A.I.T. uses scenarios designed to provide you the tools needed to understand and develop an effective communication strategy for internal/external communication as well as media operations. This course will also walk you through how to interpret media questions, how to develop a response and how to keep continuity between internal and external audiences.

TRAINERS | VA Office of Public and Intergovernmental Affairs, Region 5
PAUL SHERBO, Director | **ELAINE BUEHLER**, Assistant Director

###

CFEB / YGL VOLUNTEER OPPORTUNITIES ON MAKE A DIFFERENCE DAY

October 24, 2015 | REGISTRATION DEADLINE 10/2/15

<https://colorado.feb.gov/register/>

On October 24th, millions of volunteers across the nation will unite with a common mission – to improve the lives of others. A USA TODAY initiative of the Gannett Corp., and in collaboration with Points of Light, Make a Difference Day is the largest national day of community service in America.

The Colorado Federal Executive Board (CFEB) and Young Government Leaders (YGL) are proud to offer federal employees, retirees, and your families the opportunity to volunteer for the projects listed below. You can read about each project and register as a volunteer by going to the link listed after each project.

Rocky Mountain Honor Flight | <https://colorado.feb.gov/register/?ee=293>

The Horse Protection League | <https://colorado.feb.gov/register/?ee=294>

Freedom Service Dogs of America | <https://colorado.feb.gov/register/?ee=295>

Volunteers of America | <https://colorado.feb.gov/register/?ee=296>

Project Angel Heart | <https://colorado.feb.gov/register/?ee=297>

Mile High Montessori | <https://colorado.feb.gov/register/?ee=298>

Homeless Veterans Mats | <https://colorado.feb.gov/register/?ee=299>

Habitat for Humanity | <https://colorado.feb.gov/register/?ee=300>

Volunteers for Outdoor Colorado | <https://colorado.feb.gov/register/?ee=301>

Loveland Habitat for Humanity | <https://colorado.feb.gov/register/?ee=302>

The Action Center | <https://colorado.feb.gov/register/?ee=303>

Denver Urban Debate League | <https://colorado.feb.gov/register/?ee=304>

NOTE | If you plan on volunteering for another organization on October 24, please let us know so we can add your time in our grand total. You can email your name, name of the organization and the number of hours you worked to maryjane.pendl-trigilio@va.gov.

FOR MORE INFORMATION

Mary Jane Pendl-Trigilio | 720 979 7549 | maryjane.pendl-trigilio@va.gov

Christy McCurdy | 303 231 3422 | christa.mccurdy@onrr.gov

###

HUMAN RESOURCE RESPONSE TO DISASTERS & TRAUMATIC GRIEF

October 27, 2015 | 10:00 am – Noon | Lakewood CO

Free | ONLINE REGISTRATION REQUIRED | <https://colorado.feb.gov/register/?ee=285>

WORKSHOP TOPICS

- ♦ Understanding Incident Stress, Traumatic Grief and what each of you can do
- ♦ Human Resource Processes, Procedures, and Actions for Dealing with Disasters
- ♦ Human Resource Communication Templates
- ♦ Employee Assistance Program resources

TRAINERS

Roger L. Jones PMP, MPCP, MEP, MBCI, CAP | Emergency Management Specialist, DOI IBC

Donna Vallejos | Emergency Management Specialist, GSA

###

NOVEMBER & BEYOND

7TH ANNUAL DENVER VETERANS DAY RUN

November 8, 2015 | 7:00 am | Auraria Campus | 777 Lawrence St, Denver, CO

http://www.runningguru.com/EventInformation.asp?eID=13241&utm_source=Colorado+Veterans+Project+-+All+Contacts&utm_campaign=783dcfc120-

###

MILITARY FAMILY FIRST DINNER

November 14, 2015 | 5:00 - 10:00 pm | Colorado Springs CO

Register Online | www.ppymca.org/register | Search "2015 Military Family First Dinner"

- ♦ FREE Dinner for active duty personnel & immediate family
- ♦ Fun prizes & activities
- ♦ Children's entertainment provided

###

AMERICA RECYCLES DAY

November 15th | Repeats annually

<http://americarecyclesday.org/>

###

CAREER MENTORING FORUM *by Federal Executives for Federal Employees*

November 19, 2015 | 11:30 am - 12:30 pm | Denver CO

FREE | ONLINE REGISTRATION REQUIRED <https://colorado.feb.gov/register/?ee=305>

Need some career advice?

Looking for tips on moving up within the federal government?

Then this is the workshop for you! The following federal executives will share information about their career journey, including, but not limited to their challenges, inspirations, successes, and work life balance, followed by an open forum Q&A with all participants.

- ♦ Kristi Barrows, DHS Citizen & Immigration Service, District Director
- ♦ Susan Quinlan, Government Accountability Office, Assistant Director

- ♦ Martin Quinlan, DOI Business Integration Office Co-Director

QUESTIONS | Contact CFEB Workforce Development Council Officers

Chair | Angela Hardin | angela.hardin@ssa.gov | 303 844 0868

Vice Chair | Gay Dugan | Gay.dugan@dot.gov | 720 963 3473

Secretary | Martin Cobb | martin.cobb@gsa.gov | 303 236 7698

###

FERS RETIREMENT CLASS

December 12, 2015 | Lakewood CO

\$130 | <https://colorado.feb.gov/register/?ee=287>

TRAINER | Ann Vanderslice

###

FEDERALLY EMPLOYED WOMEN (FEW) DENVER FEDERAL CENTER CHAPTER

<http://rockymountainfew.org/>

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees. Topics include Leadership, Management and Supervision, Acquisition Management, FAC-P/PM, Financial Management and Budgeting, Project Management, and Oral/Written Communication.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |

<https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Meet on Tuesday's | 11:30 am - 12:30 pm | DFC Bldg 56, Buffalo Bill Conference Room

\$20 enrollment fee plus \$36 membership fee then \$36 semi-annually thereafter

<http://damgoodspeakers.toastmastersclubs.org>

Amy Sjerven | 303 445 2849 | asjerven@usbr.gov

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=78&page=VanPools>

If you would like the CFEB to add your van or carpool to the web site, email the information to gpage@colorado.feb.gov

###

HEALTH DOES MATTER

FEDSTRIVE Wellness & Health Promotion Services Newsletter

<http://content.govdelivery.com/accounts/USHHSFOHFEDSTRIVE/bulletins/11cfe22>

Mile High Walking Club ***NOTE NEW CHANGES IN TIME AND LOCATION**

Every Thursday | 11:15 – 11:45 am | Denver Federal Center Meet at NW corner of 5th & Center
Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

LIGHTEN UP!

I love deadlines. I like the whooshing sound they make as they fly by. - **Douglas Adams**

###

PETS OF THE WEEK

Adopt a pet and save a life

Riz | Terrier Mix | Male | 1.5 years old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Brody (159704) | Australian Cattle Dog mix | Male | 1 year old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

###

VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO
Please contact shelter manager Sondra Bailey | 303 274 2264 |
<http://www.angelswithpaws.net/volunteering/>

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver
<https://www.facebook.com/sisterhoodofthetravelingpets>
Sassie Skelton | 719 482 0705

###

JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

US Forest Service Region 2

<https://fsoutreach.gdcii.com/Outreach/>

National Older Worker Career Center (NOWCC) AGE 55+ | EPA - Denver and Golden, CO

Resource Conservation and Recovery Program Support

https://www.nowcc.org/r/positions/view.aspx?record_id=3521

Data Management Support

https://nowcc.acquiretm.com/user/view_post.aspx?job_id=1577

###

CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

###

Have a safe and wonderful weekend!

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email